



Braxton's Ultimate Chicken Vegetable Soup

With Rice or Noodles
Serves 4-6 | ~30 Minutes

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Instructions

1. Combine stock, carrots, celery, onion, and rice (if using). Bring to boil, then simmer.
2. Cook 15 minutes until vegetables are nearly tender.
3. Add greens and noodles (if using). Cook 5 minutes.
4. Stir in parsley and chicken, season, serve.

Ingredients

- 1 Chicken Stock (with chicken meat)
- 2 carrots, diced (1c)
- 1 celery stalk, diced (1/2c)
- 1 small onion, sliced (1c)
- 1/2c rice OR 2c egg noodles
- 2c greens (kale/spinach)
- 1/4c parsley
- Salt & pepper

Kitchen Notes

Greens	Prep	Cook Time
Spinach	None	5 min
Curly Spinach	Chop	5 min
Watercress	Chop	5 min